

# January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<b>SUPPORT WHAT YOU LOVE -</b>						
2	3	4	5	6	7	8
<b>DRINKS .25C LUNCH \$2.00</b>	9:45 Chair Yoga	10 Fitness 	9:45 Yoga/Weights BINGO!!!	<b>10 Fitness</b>	9:45 Chair Yoga 	
9	10	11	12	13	14	15
<b>Apple country</b>	9:45 Chair Yoga	<b>10 Fitness</b>	9:45 Yoga/Weights BINGO!!!	<b>10 Fitness</b>	9:45 Chair Yoga	
16	17	18	19	20	21	22
<b>RIDES? Call 698-8571</b>	<b>CLOSED FOR MLK DAY!!</b>	<b>10 Fitness</b>	9:45 Yoga/Weights BINGO!!!	<b>10 Fitness</b>	9:45 Chair Yoga	
23	24	25	26	27	28	29
	9:45 Chair Yoga Birthday Celebrations	<b>10 Fitness</b>	9:45 Yoga/Weights BINGO!!!	<b>10 Fitness</b>	9:45 Chair Yoga	
	31	<b>OPEN M-F 9:30 for coffee, games and social time. Lunch daily 11.</b> <b>Questions? Call Kat 692-3320</b>				
	9:45 Chair Yoga					