



MemoryCare Caregiver Education Program

Jan. 7 to Feb. 11, 2021

Six sessions

Meets every Thursday

Time:

2:00 - 5:00pm

Location:

Live-broadcast for online attendance only.

Course Content

- Module I (1/7): What is Dementia
- Module II (1/14) Transitioning from Independence to Interdependence
- Module III (1/21): Functional and Behavioral Changes of Dementia
- Module IV (1/28): Dementia Treatment Options and Risk Reduction
- Module V (2/4): Caring for the Caregiver
- Module VI (2/11): Dementia and Legal Planning Issues



“Caregiver College” will be provided as a live-broadcast for online attendance only. The ability to access Zoom through a computer, tablet or smartphone with a reliable internet connection is necessary to attend.

Limited in-person attendance may become available as restrictions lift in response to COVID-19. If you are unable to attend virtually, we will place you on a waiting list to attend in-person should the opportunity become available.

A series of six lectures will be provided for caregivers of persons with memory disorders. Sessions are designed to improve caregiver understanding of different aspects of dementia care. The course will be led by Stelley Gutman, MD, MemoryCare Staff Physician, with guest speakers; Lindsey Kremer, BSW, MemoryCare Care Manager, and attorney, Caroline Knox.

Related course materials will be provided via email. For a physical copy of the materials, you may reserve a binder for pick-up at our office for \$20 or we can mail one to you for an additional \$10 with request for mailing required two weeks before the course starts.

Registration is required. You must register by contacting our office at (828) 771-2219.

TO REGISTER PLEASE CONTACT MEMORYCARE

Phone: 828-771-2219

Fax: 828-771-2634

E-mail: education@memorycare.org

Visit our website for details and updates: memorycare.org

“From the first class of learning about dementia to all the classes following, it has been an atmosphere of learning from compassionate instructors. Thank you for all your help.”

MemoryCare is a community based non-profit charitable organization providing care for individuals with dementia and support, education and counseling for their caregivers and families.

MemoryCare relies on charitable funds to offer this program in the community.