



**Council
on Aging**

for Henderson County

Volunteer Newsletter



We are thrilled to announce the placement of our Executive Director, Elizabeth Williams!

Elizabeth believes in supporting older adults and their caregivers by providing services that promote independence, dignity, and options. She is a leader in local and statewide aging initiatives and is currently involved in finding ways for nonprofit organizations to develop healthy partnerships for long-term sustainability.

Welcome to our New Volunteers from the Summer of '23!

Meals on Wheels

Bobbi and John Abbott

Sally Naret

Sherry Black

Debbie Bonidy*

Nancy and David Chapman

Helen Price and Randi

Goodnight

Jane Pember

Richard Nance

Leanne Christensen*

Jorjann Kuypers*

Michelle Oznick

Vance Kirkpatrick

Etowah Thrift Store

Kathy Curry

Richard Grauer*

Tammy Nolen

Greg Weeg*

Jill McMillion*

Cheryl Bergin

Anne Scott

Jonothan Bayne*

Hendersonville Thrift Store

Roswitha Friedl

Cathy Gradine

Kathleen Fariello

Samantha Ford-Jones

Jack Ebert

Sherry Black

Mike Eide

Shannon McWhirter

Marsh Blunt

Donna Clow

Karin Victor

Carol Scarborough

Wendy Redmon*

Kristina McInerny

Sarah Brice

Cindy Davis

Ginger Michel

Janeen Huchel

Karen Morgan*

Pat Dubis

Congregate Center

Nancy Mitchell

Sally Naret



**Welcome back!*

Volunteer Spotlight:

Jan Overgaard

&

Michele Zinn



Meet the 'dynamic duo' who add sparkle to the children's department at the Hendo store!

Jan and Michele have been the mighty force behind the children's department for the last eight years combined.

Through volunteering together, they have developed a beautiful friendship.

With nearly a decade of service between them, they've remained determined and devoted to the COA mission and the Meals on Wheels program.

They not only give new life to the wee ones' clothing and accessories, but they come to the job with funny anecdotes, ageless wisdom, and colorful life experiences. They welcome new volunteers with open hearts, never hesitating to lend a hand. They bring commitment to their volunteerism and keep a consistent schedule. Overall, Jan & Michele are two AMAZING volunteers who put dependability and reliability as their top priorities. We're overwhelmingly grateful for them ❤️

Thank you, ladies, for the years you've given to the Council on Aging and the Hendersonville Thrift Store. The care you've shown has provided many families with quality secondhand clothing, shoes, and accessories, which in turn supports our vital Meals on Wheels program for Henderson County.

THANK YOU for all you do!!! We are so fortunate to have you on our team!

Don't forget to tell your friends and family about our volunteer opportunities! There's something for everyone. Find out more about our programs at coahc.org/volunteer, or contact our Volunteer Coordinator, Robyn at 828-233-1561 or r wells@coahc.org
Hope to hear from you!

Council on Aging News and Numbers



Hendersonville Thrift Store News

Store hours have been recently updated.

Tuesday – Friday:

10:00am – 5:00pm

Saturday:

10:00am – 3:00pm

Etowah Thrift Store News

Donation drop off hours have been recently extended.

We are accepting donations from

10:00-2:00

Tuesday - Saturday

Please do not leave donations outside the store beyond designated donation hours!

Congregate Dining News

We are happy to announce that after months of having a waitlist, we are currently accepting new clients to our congregate dining program.

Active seniors can apply on our website:

coahc.org/congregate-dining

266 volunteers served
19,460+ hours in the
last year

78,000+ meals delivered to
homebound seniors in the
last year through our Meals
on Wheels program

8140 meals served in the last
year to active seniors
through our congregate
dining program

884 cases of liquid nutrition
products provided in the
last year to seniors who are
nutritionally at risk

**We couldn't do this without
you.
THANK YOU!!**



Above is Marilyn Jerome, a congregate dining client and former volunteer who recently brought her quilt to share with her friends at congregate. She buys many of her crafting supplies at our thrift stores!

Jiffy Lube Partnership

From October 1 to October 31, customers who receive oil changes, tire rotations, or other vehicle maintenance will be asked if they would like to donate \$3 to Meals on Wheels at check-out. Funds raised in our community will support our efforts at the Council on Aging for Henderson County!

Participating Jiffy Lube locations:

1600 FOUR SEASONS BLVD
Hendersonville, NC 28792

941 ASHEVILLE HWY
Brevard, NC 28712

Council on Aging Events

9th Annual "Aging in Place. It's In Your Future" National Conference

Thursday, September 21, 2023

Blue Ridge Community College
Technology Education Development
Center

41st Annual Hunger Walk

Saturday, September 23, 2023

Hendersonville Jackson Park, Shelter #1
Ask about how you can join our team!

23rd Annual Autumn in the Mountains
British Car Club of Western North
Carolina

Saturday, September 23, 2023
9:00-3:30

Mills River Brewing Co.



Community Partners Day

Monday, October 2, 2023
9AM-12PM

Laurel Park

Henderson County Leadership Conference

Thursday, November 16, 2023
8AM-12PM

Blue Ridge Community College
Technology Education Development
Center



Meals on Wheels volunteers and staff. Account number 12995400 redeemable for 15% off applicable services. Scan QR code to find nearest store location.

