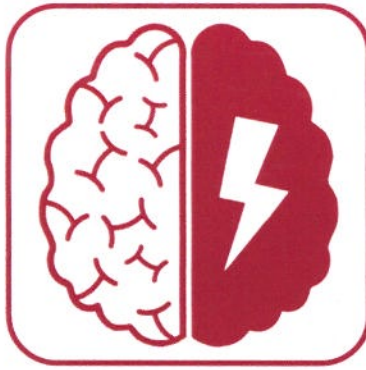


MAY IS
NATIONAL
STROKE
AWARENESS
MONTH



Identifying the Signs of a Stroke!



The faster a person seeks medical treatment during a stroke, the better chance of recovery.

The F.A.S.T. system is a way to help people identify strokes in other people.



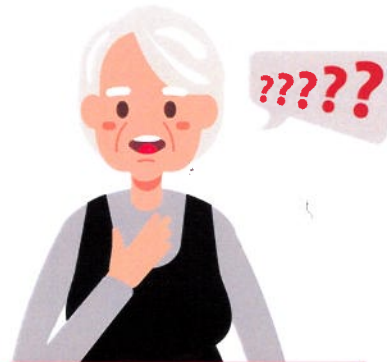
FACE

"F" stands for Face.
Is one side of the person's face drooping?



ARMS

"A" stands for Arms.
Ask the person to raise both arms. Does one arm drift down?



SPEECH

"S" stands for Speech.
Can the person repeat a simple phrase?



TIME

"T" stands for Time.
If any of these signs are noticed, then call for help immediately.

For Information about Stroke Care at Home, Call the Experts!


Always Best Care
senior services®

Western North Carolina
828-676-2939