

Pardee UNC Healthcare: Hendersonville Council on Aging MOW DAILY HOT MEAL MENU - May 2022

The frozen meal menu includes the same or similar entrées, but we cannot forecast with precision which meals will be delivered for a given week.

Remember – if you want to cancel delivery for a day or for a week, you need to call by no later than 11 a.m. one business day before the scheduled day of the delivery you wish to cancel. Timely cancellations help us avoid wasting our resources. (e.g. To cancel Monday, call Friday)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Entrée/Protein Source	Chicken w/ Herb Sauce 2 Mashed Potatoes Peas Hawaiian Garden Burger	Barbecue Pork/Bun 3 Pinto Beans Spinach	Meatloaf w/ Gravy 4 Collard Greens Mash Sweet Potatoes	Chicken & Broccoli 5 Carrots Tortellini Pasta Stewed Apples & Raisins Broccoli Alfredo	Barbecue Meatballs 6 Mashed Potatoes Broccoli
Vegetarian		Pinto Beans/Calif. Veg.	Manicotti		Veg. Sweet/Sour Stirfry
Main Entrée/Protein Source	Baked Chicken w/ Sage 9 Mixed Vegetables Red Smash Potatoes	Swedish Meatballs 10 Collard Greens Rotini Pasta	SW Chicken Chili 11 Green Peas Orange Carrots	Smothered Pork 12 Green Beans Mashed Potatoes	Vegetarian Goulash 13 Lima Beans Cauliflower
Vegetarian	Cottage Cheese	Veg. Swed. Meatballs	SW Veg. Chili	Black-eyed Peas	Vegetable Goulash
Main Entrée/Protein Source	Barbecue Baked Chick. 16 Mac & Cheese French Green Beans	Salisbury Steak 17 Broccoli & Cheese Succotash	Chicken Florentine 18 Carrots Pasta	Roast Pork 19 Green Beans Roasted Red Potatoes	Turkey & Dressing 20 California Blend Mashed Potatoes
Vegetarian	Pinto Beans	Western Egg Bake	Mac & Cheese	Boca Demi Glaze w/Veg.	Garden Burger/Gravy
Main Entrée/Protein Source	Beef Stroganoff 23 Mashed Potatoes Spinach Saute	Barbecue Pork/Bun 24 Carrots Peas	Chicken Stew 25 Squash & Tomatoes Spiced Peaches	Spaghetti 26 Broccoli Normandy Cranberry Bread Pudding	Barbecue Meatballs 27 Mashed Potatoes Broccoli
Vegetarian	Black-eyed Peas	Veg. Western Egg Bake	Vegetarian Stew	Spaghetti	Veg. Sweet/Sour Stirfry
Main Entrée/Protein Source	MEMORIAL 30 DAY OBSERVANCE	Barbecue Pork/Bun 31 Pinto Beans Spinach			
Vegetarian	No Delivery	Pinto Beans/Calif. Veg			