

July 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7 9:45 Chair Yoga 10:30 BINGO!!!	8 10 Balance & Fitness	9 9:45 Chair Yoga	10
11 Apple Country	12 9:45 Chair Yoga	13 10 balance & Fitness 10:45 Speaker	14 9:45 Chair Yoga 10:30 BINGO!!!	15 10 Fitness & Balance STOREHOUSE	16 9:45 Chair Yoga	17
18 Rides? Call 698-8571	19 9:45 Chair Yoga July B'days!	20 10 Balance & Fitness	21 9:45 Chair Yoga 10:30 BINGO!!!	22 10 Balance & Fitness	23 9:45 Chair Yoga	24
25	26 9:45 Chair Yoga Music!!!	27 10 Balance & Fitness	28 9:45 Chair Yoga 10:30 BINGO!!!	29 10 Fitness & Balance STOREHOUSE	30 9:45 Chair Yoga	31
1	2	Open Daily at 9:30 for coffee, cards, & social time. Lunch Daily. Questions? Call 692-3320				