

The Council on Aging for Henderson County, in partnership with AdventHealth is excited to offer a series of community education events focused on the needs and care of our aging population. Join us for this dynamic speaker series which offers information and resources on topics that affect older adults. Register for events 1 week before the date.

**Register at AdventHealthNC.com/Events or Call 855-774-5433**

The *Age-Friendly Speaker Series* events are held at the Age-Friendly Center at the AdventHealth Multispecialty at Laurel Park, 1881 Pisgah Drive, Hendersonville NC 28791

Doors open at 5:30 p.m. Presentations begin at 6:00 p.m.

Program for Assistance Care for the Elderly PACE

Health Plan Enrollment & Outreach Specialist, Jamie Stanley reviews this program that provides day-time medical care, therapy, and activities. **07/09/2024**

Care Navigation – Health Decline Transitions

Four Seasons Compassion for Life reviews health decline and navigating prognosis and transitions with Judy Edwards and Gage Comeaux. **05/07/2024**

Let’s Get Social – Health Benefits of Socialization

Jim Kelly is the President and CEO of Aging Projects, Inc., and reviews how social engagement improves well-being and supports healthy aging. **07/23/2024**

Professional Care Management and Advocacy

Karen Wolfrom of Holistic Elder Services shares how her care management services provide individuals and families with ongoing support. **05/21/2024**

Home Navigation & Aging-In-Place Strategies

Katelyn Rowe, PT, DPT with PTSolutions discusses safe home navigation and aging in place adaptations involving care level transitions. **08/06/2024**

**11/28/2023**

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Parental Estrangement Awareness & Restoration

PEAK provides support to parents related to the trauma of **p**arental **e**strangement of **a**dult **k**ids. Fe Avis discusses restoration strategies. **06/11/2024**

Cyber Security – The Anatomy of a Scam

John Lake will equip attendees with security steps to safeguard their financial interests and to ensure protection from cyber criminals. **08/20/24**

**2023**

Caregiver Support Services Care Management

Sheila Galloway, CCM reviews her certified caregiver manager roll discusses health decline and care navigation and advocacy. **06/25/2024**