



Annual Report

FY 2022 - 2023



The Council
on Aging for
Henderson
County

Who We Are

OUR MISSION

We are **providing and coordinating services that connect, engage and support adults in our community as we age.**

Our Services

Meals on Wheels

More than a meal, Meals on Wheels provides homebound seniors with 5 Recommended Dietary Allowance (RDA) approved meals per week, as well as important social interaction with caring, trained volunteers.

Congregate Dining Program

We serve a nutritional meal and provide the opportunity for active seniors to socialize Monday - Friday at First United Methodist Church.

Resource Coordination

Our staff provides information and referral services to clients and their family members.

Caregiver Respite

Our caregiver specialists can assist you in accessing the resources that may be available to support caregivers, including funds to help to cover the costs of in-home services, adult day care, or overnight stay.

Liquid Nutrition

The Council on Aging for Henderson County provides eligible nutritionally-at risk seniors with monthly cases of liquid nutrition supplements.

OUR VISION

No One Ages Alone.

OUR VALUES

Community

We value members of our community who we serve, those who help us serve, and those who provide the resources for us to serve. We believe in a connected community, supporting one another through care and compassion.

Dignity

We believe everyone has the right to be treated with dignity and respect. We believe in the dignity of older adults and strive to create a relationship of mutual respect with those we serve and those who support our work.

Stewardship

We seek to make ethical and prudent decisions about our organizational and community resources. We believe long-term financial stewardship ensures that our organization can meet the growing demands for services over the years to come.

76,039

Meals delivered to homebound seniors through our Meals on Wheels program

134

Active seniors served through our Congregate Dining Program

884

Cases of liquid nutrition provided to nutritionally at-risk seniors

70

Caregivers received support and resources

Our Impact

How We've Impacted a Client

Some may know the saying "More than a Meal" associated with our Meals on Wheels program, but it also applies to our Congregate Dining program. While many clients have stated the provided lunch is their main meal of the day, they primarily attend the program to stay active and social. A group of women affectionately known as "the bus ladies," referring to their mode of transportation to Congregate Dining, has been attending for decades. One of these ladies, Donna, has been attending for nearly 30 years. She not only met her husband through the program, but they were married at our former Congregate Dining site by another client who was an ordained minister!

How We've Impacted Volunteers

Mike and Linda embarked on their journey as volunteers with the Council on Aging for Henderson County five years ago, inspired by a friend that was currently serving as a Meals on Wheels driver. This dynamic husband-wife duo approach their duties as Meals on Wheels volunteers with a deep sense of passion and purpose. For them, it's not just about giving back; it's about fulfilling their faith, staying active, and forging meaningful connections with both fellow volunteers and the clients they serve.

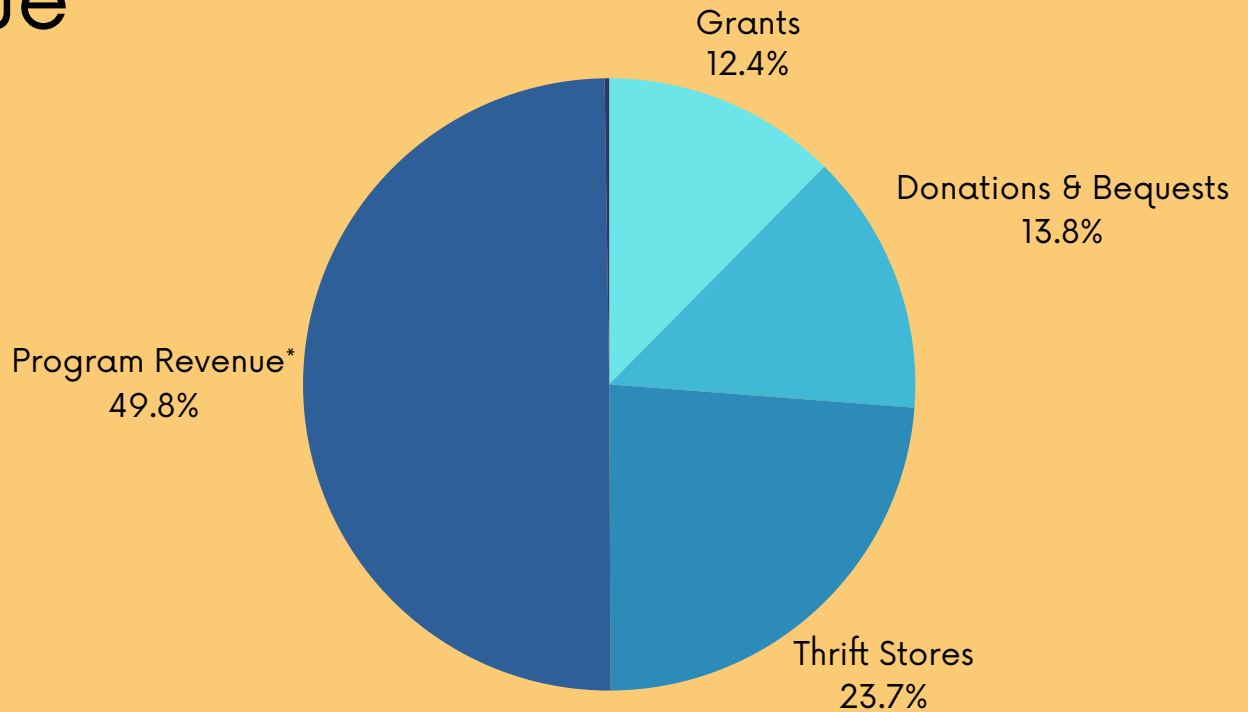
Linda, who is impacted by dementia, especially appreciates that packing meals with Mike is a simple task that she can complete, largely unassisted. Through their selfless service, Mike and Linda demonstrate that sometimes, in extending a helping hand to others, we discover the support and fulfillment we need for ourselves.

How We've Impacted a Donor

For two years, Kay has been a major donor to the Council on Aging for Henderson County. She is passionate about helping others, with a specific concern and commitment to seniors. During a Meals on Wheels ride-along, she was deeply impacted by the need she witnessed and has committed to supporting the Council on Aging's work in a dedicated and meaningful way that has impacted the entire organization.

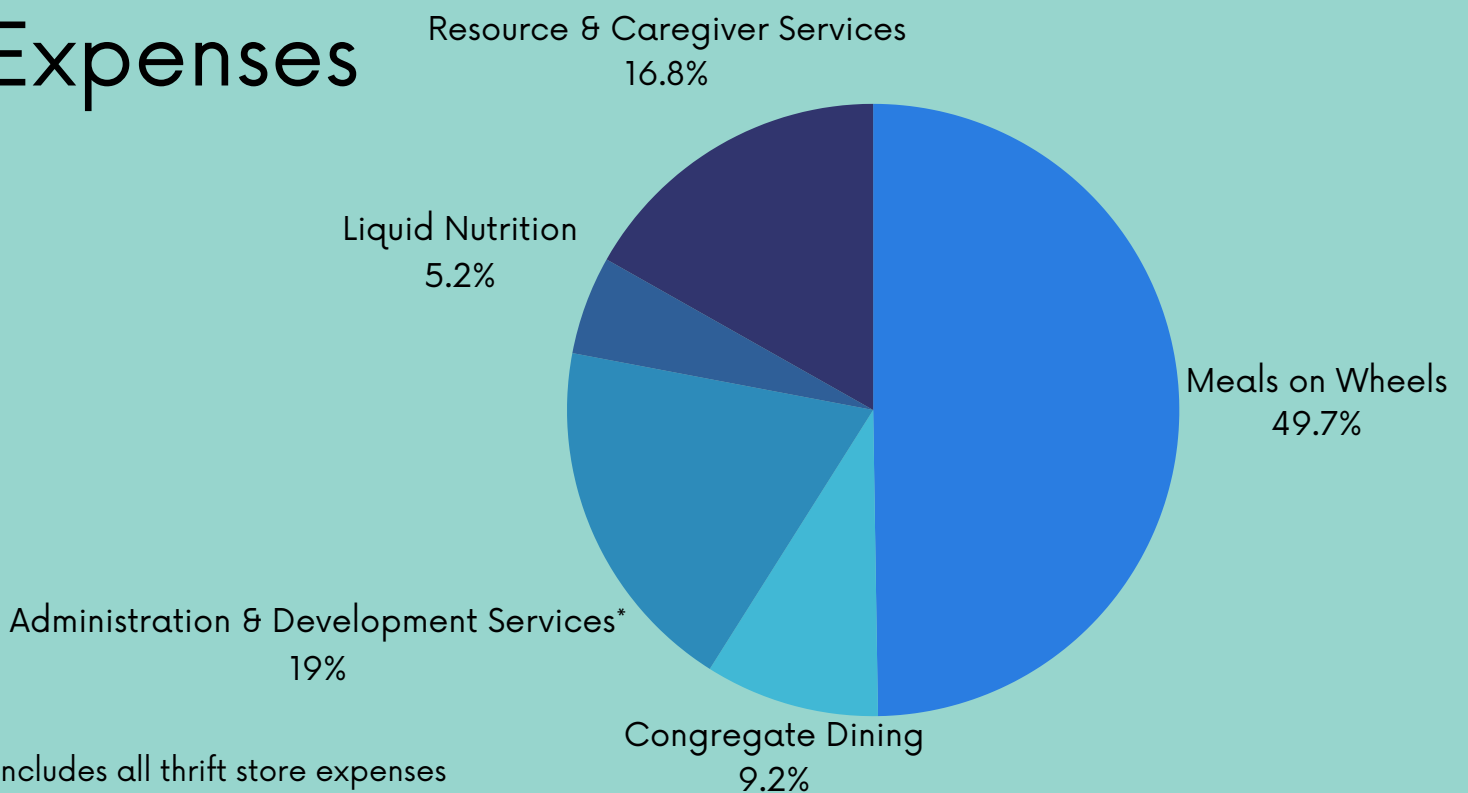
Financial Summary

Revenue



*includes State and Federal funding

Expenses



*includes all thrift store expenses

259

Volunteers supporting
our mission

96

New volunteers
serving with us

19,460

Hours volunteered

\$581,075

Value of volunteer support
when calculated by
Independent Sector's value
of volunteer time

The Council on Aging for Henderson County recognizes the crucial role played by volunteers in achieving our mission. Volunteers provide essential support, helping us address the complex and increasing needs of our community's senior population. From a strategic standpoint, the contributions of our volunteers significantly enhance the sustainability of our organization. Operating within financial constraints, their efforts allow us to optimize resource allocation, expand service offerings, and adapt to emerging needs within the senior community.

The commitment of our volunteers underscores the importance of their role in our organization, and we are grateful for their continued dedication and impact on the well-being of the seniors we serve.

Board of Directors

Sally Buchholz - Board Chair

Karen Preston - Vice Chair

Wesley Jones - Treasurer

Colleen Bell

Leanne Christensen

Traci Corn

Nick D'Auria

Brett Hulse

Annamarie Jakubielski

Barb Kenney

Laura Mukosiej

Justice Mullen

Jim Smeaton



We thank you for your
continued support of
our programs.

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