

## SAMMY WILLIAMS March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NEED A RIDE	2 10 :30 Art class 12 Mahjong	3 10 Balance & Fitness	4 BINGO 10:30 10 Workout with Carmen	5 10 Balance & Fitness	6 10 CHAIR YOGA	7
8 TALK WITH MARYJO OR EDDIE	9 10:00 Chair Yoga BRCC Haircuts 12 Mahjong	10 10 Balance & Fitness Side/Side Singers Bn Checks	11 BINGO 10:30 10 Workout with Carmen	12 10 Balance & Fitness Storehouse	13 10 CHAIR YOGA	14
15 @ APPLE COUNTRY TRANSIT	16 Lyn Sings 10 Chair Yoga 12 Mahjong Birthdays!!!!	17 10 Balance & Fitness BP CHECKS	18 BINGO 10:30 10 Workout with Carmen	19 10 Balance & Fitness	20 10 CHAIR YOGA	21
22 698-8571	23 10:00 Chair Yoga	24 10 Balance & Fitness	25 BINGO 10:30 10 Workout with Carmen	26 10 Balance & Fitness Storehouse	27 10 CHAIR YOGA	28
29	30 10 YOGA 10:30 Crafts 12 Mahjong	31 10 Balance & Fitness	1	2	3	4

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**SAMMY**

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**WILLIAMS**

Notes  
301 N Justice St 692-3320