









	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29 10:30 Spring Fashion Show	30 10:00 Balance & Fitness	1 10:45 Bingo 	2 10:00 Balance & Fitness	3 COA RESOURCES 10:00 Fit & Firm
	6	7 10:00 Balance & Fitness	8 10:45 Deals Day 	9 10:00 Balance & Fitness	10 COA RESOURCES 10:00 Fit & Firm
	13 Hair cuts@College  <i>Birthday Celebrations</i>	14 10:00 Balance & Fitness Blood Pressure Check	15 10:45 Bingo 	16 10:00 Balance & Fitness	17 COA RESOURCES 10:00 Fit & Firm
10:45 Lin Stogner 50's Songs	20  Dress in 50's Fashions !	21 COA 50 <sup>th</sup> CELEBRATION 10:00 Fitness & Balance	22 10:45 Bingo 	23 10:00 Balance & Fitness	24 COA RESOURCES 10:00 Fit & Firm
	27 Memorial Day CLOSED	28 10:00 Balance & Fitness	29 10:45 Bingo 	30 10:00 Balance & Fitness	31 COA RESOURCES 10:00 Fit & Firm

The Center Hours are Monday -Friday 9:00AM-1:00PM

Lunch is served Monday-Friday at 11:30AM