

## Regular Menu January, 2019

	<b>1</b>  Holiday  No Meal Delivery	<b>2</b> Mac & Cheese Bermuda Blend Peas Cranberry juice Oatmeal Cookie Milk	<b>3</b> Roast Pork w/demi glaze Green Beans Roast Red Potato Cinnamon Applesauce Orange Juice Roll Milk	<b>4</b> Turkey/Dressing w/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk	4
<b>7</b> Beef Stroganoff & Mashed Potatoes Spinach Saute Applesauce Bread Vanilla Wafers Milk	<b>8</b> BBQ Pork/Bun Cole Slaw Carrots, Peas Pineapple Milk	<b>9</b> Chicken Pot Pie Squash & Tomatoes Spiced Peaches Bread Strawberry Shortcake Milk	<b>10</b> Beef/Spinach LoMein Vegetable Blend Lima Beans Tropical Fruit Grape Juice Milk	<b>11</b> Turkey w/Wild Rice Green Beans Corn Mandarin Oranges Vanilla Pudding w/ Black Cherries Milk	1
<b>14</b> Hawaiian Chicken Vegetable Blend Green Peas Yellow Rice Wheat Bread Gingerbread Cookie Milk	<b>15</b> Mediterranean Pork & Orzo Mixed Vegetables Succotash Tropical Fruit Grape Juice Milk	<b>16</b> Meatloaf w/gravy Red Parsley Potatoes Collard Greens Orange Juice Bread Cheesecake Pudding Milk	<b>17</b> Chicken Noodle Casserole Spinach Stewed Apples & Raisins Blueberry Muffin Milk	<b>18</b> Turkey/Dressing/w gravy Parmesan green beans Mashed Potatoes Cranberry Sauce or SF Vanilla Pudding w/Cherries Apple Juice Milk	2
<b>21</b>  Holiday  No Meal Delivery	<b>22</b> Beef chili w/rice Cinnamon Applesauce Zucchini & Onion Saute Buttermilk Cornbread Cheesecake Pudding Milk	<b>23</b> Mac & Cheese Peas & Onions Orange Carrots Blueberry Muffin Jello w/fruit Milk	<b>24</b> Beef Stew & Rice Green Beans Hot Fruit Salad Buttermilk Corn Bread Chocolate Pudding Milk	<b>25</b> Vegetable Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3
<b>28</b> Chicken Marsala Pasta Fiesta Corn Carrots Mandarin Oranges Wheat Bread Milk	<b>29</b> Hamburger Steak Spanish Rice Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk	<b>30</b> Mac & Cheese Bermuda Blend Peas Cranberry juice Oatmeal Cookie Milk	<b>31</b> Roast Pork w/demi glaze Green Beans Roast Red Potato Cinnamon Applesauce Orange Juice Roll Milk		4