

Vegetarian Menu January, 2019

	1 Holiday No Meal Delivery	2 Mac & Cheese Bermuda Blend Peas Cranberry juice Oatmeal Cookie Milk	3 Boca w/demi glaze Green Beans Roast Red Potato Cinnamon Applesauce Orange Juice Roll Milk	4 Garden Burger w/dressing/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk	4
7 Black-eyed Peas Spinach Saute Mashed Potatoes Applesauce Bread Vanilla Wafers Milk	8 Vegetarian Western Egg Bake Carrots, Peas Cole Slaw Pineapple Milk	9 Vegetarian Pot Pie Squash & Tomatoes Spiced Peaches Bread Strawberry Shortcake Milk	10 Boca/Spinach LoMein Vegetable Blend Lima Beans Tropical Fruit Grape Juice Milk	11 Garden Burger w/wild rice Green Beans Corn Mandarin Oranges Vanilla Pudding w/ Black Cherries Milk	1
14 Hawaiian Garden Burger Vegetable Blend Green Peas Yellow Rice Wheat Bread Gingerbread Cookie Milk	15 Black Bean Mediterranean Orzo Mixed Vegetables Succotash Tropical Fruit Grape Juice Milk	16 Vegetable Burger w/gravy Red Parsley Potatoes Collard Greens Orange Juice Bread Cheesecake Pudding Milk	17 Baked Boca Over Pasta Spinach Stewed Apples & Raisins Blueberry Muffin Milk	18 Garden Burger w/dressing/gravy Parmesan green beans Mashed Potatoes Cranberry Sauce or SF Vanilla Pudding w/Cherries Apple Juice Milk	2
21 Holiday No Meal Delivery	22 Vegetable Burger Chili Cinnamon Applesauce Zucchini & Onion Saute Buttermilk Cornbread Cheesecake Pudding Milk	23 Mac & Cheese Peas & Onions Orange Carrots Blueberry Muffin Jello w/fruit Milk	24 Garden Burger Pot roast Rice Green Beans Hot Fruit Salad Buttermilk Corn Bread Chocolate Pudding Milk	25 Vegetable Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3
28 Pinto Beans Penne Pasta Fiesta Corn Carrots Mandarin Oranges Wheat Bread Milk	29 Boca Steak/veg Gravy Spanish Rice Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk	30 Mac & Cheese Bermuda Blend Peas Cranberry juice Oatmeal Cookie Milk	31 Boca w/demi glaze Green Beans Roast Red Potato Cinnamon Applesauce Orange Juice Roll Milk		4

