

828-698-8571

828-692-3320

*MONDAY
EDUCATION*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:45 Holiday Decorating	3 COA Resources 1:00-4:00 MahJong/Dominos	4 10:00 <u>Secretary of State Frauds</u>	5 10:45 	6 10:00  Balance & Fitness Holiday Photos	7 10:00 CHAIR YOGA
10:45 Better Business Bureau	10 COA Resources 1:00-4:00 MahJong/Dominos	11 10:00 Balance & Fitness	12 10:45 Deals Day 	13 10:00 Balance & Fitness	14 10:00 CHAIR YOGA 10:45 Lin Stogner Christmas Carols
	17 <i>Birthday Celebrations</i>	18 10:00 Balance & Fitness Blood Pressure Check	19 10:45 Bingo 	20 10:00 Holiday Bingo Holiday Singing NO Balance/Fitness	21 10:00 CHAIR YOGA 10:30 Holiday Celebration
	24 CLOSED CHRISTMAS EVE	25 CLOSED CHRISTMAS DAY	26 10:45 Bingo 	27 10:00 Balance & Fitness	28 
	31 New Years Eve COA Resources Closing at 1:00	1 CLOSED NEW YEAR'S DAY	2 10:45 Bingo 	3 10:00 Balance & Fitness	4 10:00 CHAIR YOGA

The Center Hours are Monday 9:00-4:00 and Tuesday-Friday 9:00AM-1:00PM

Lunch is served Monday-Friday at 11:30AM