

**Vegetarian Meal Calendar
November, 2018**

Mon	Tue	Wed	Thu	Fri	
			1 Garden Burger- Pot Roast w/Veggies Potatoes Green Beans Cornbread Hot Fruit Salad Chocolate Pudding Milk	2 Veg. Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3
5 Pinto Beans Fiesta Corn Carrots Penne Pasta Wheat Bread Mandarin Oranges Milk	6 Boca Steak Spanish Rice Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk	7 Mediterranean Black Beans & Orzo Carrot & Raisin Salad Kidney Bean Salad Tropical Fruit Cranberry Juice Milk	8 Baked Italian Boca/Pasta Green Beans White Roll Applesauce (hot) Orange Juice Milk	9 Garden Burger/Dressing w/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk	4
12 Holiday No Meal Delivery	13 Vegetarian Western Egg Bake Bun Carrots Peas Cole Slaw Pineapple Milk	14 Orzo & Black Bean Salad 3 Bean Salad Tomato/Feta Salad Orange Sections Strawberry Shortcake Milk	15 Boca/Spinach LoMein Vegetable Blend Lima Beans Peaches Grape Juice Milk	16 Garden Burger/Wild Rice Green Beans Corn Tropical Fruit Vanilla Pudding w/ Black Cherries Milk	1
19 Hawaiian Garden Burger Vegetable Blend Peas Yellow Rice Wheat Bread Gingerbread Cookie Milk	20 Mediterranean Black Beans & Orzo Mixed Vegetables Succotash Tropical Fruit Grape Juice Milk	21 Hot Boca Taco Salad Carrots Collard Greens White bread Cheesecake Pudding Milk	22 Holiday No Meal Delivery	23 Holiday No Meal Delivery	2
26 Boca Burger/Sage gravy Mixed Vegetables Mashed potatoes Cranberry Bread Peaches Orange Juice Milk	27 Mac 'n Cheese Peas and Onions Carrots Blueberry Muffin Jello with Fruit Milk	28 Creamy Black Bean Pasta Salad Cucumber Salad Fruit Cocktail Wheat Bread Cheesecake Pudding Milk	29 Garden Burger- Pot Roast w/Veggies Potatoes Green Beans Cornbread Hot Fruit Salad Chocolate Pudding Milk	30 Veg. Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3

Meals on Wheels

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