

*MONDAY
EDUCATION*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
10:45 SHIPP Insurance	29 COA Resources 1:00-4:00 MahJong/Dominos	30 10:00 Balance & Fitness	31 Halloween 10:45 	1 10:00 Balance & Fitness	2 10:00 CHAIR YOGA	
10:45 Caption Phones	5 COA Resources 1:00-4:00 MahJong/Dominos	6 10:00 Balance & Fitness	7 10:45 Deals Day 	8 10:00 Balance & Fitness 10:45 Thanks for the Memories Performance	9 10:00 CHAIR YOGA 12:30-2  <i>High School game day!</i>	High schoolers Will be here to play games and share treats! Please stay and join us!
	12 CLOSED VETERANS DAY	13 10:00 Balance & Fitness Blood Pressure Check	14 10:45 Bingo 	15 10:00 Balance & Fitness 1:00 Volunteer Gathering	16 10:00 CHAIR YOGA	
10:45 Emotional Impact of Change	19 HAIR CUTS @BRCC Birthday Cake COA Resources 1:00-4:00 MahJong/Dominos	20 10:00 Balance & Fitness	21 10:45 Bingo 	22 THANKSGIVING DAY CLOSED	23 CLOSED	
10:45 Bob Pompeo	26 COA Resources 1:00-4:00 MahJong/Dominos	27 10:00 Balance & Fitness	28 10:45 Bingo 	29 10:00 Balance & Fitness	30 10:00 CHAIR YOGA	

The Center Hours are Monday-Friday 9:00AM-1:00PM

Lunch is served Monday-Friday at 11:30AM