

Vegetarian Meal Calendar
(new menu changes *)**
July, 2018

| Mon | Tue | Wed | Thu | Fri | |
|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------|
| 2 Hawaiian Garden Burger Vegetable Blend Peas Yellow Rice Wheat Bread Gingerbread Cookie Milk | 3 Mediterranean Black Beans & Orzo Mixed Vegetables Succotash Tropical Fruit Grape Juice Milk | 4 *** Holiday No Meal Delivery | 5 Baked Boca/Pasta Spinach Stewed Apples Blueberry Muffin Cranberry Juice Milk | 6 Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk | 2 |
| 9 Boca Burger/Sage gravy Mixed Vegetables Mashed potatoes Cranberry Bread Peaches Orange Juice Milk | 10 *** Creamy Black Bean Pasta Salad Cucumber Salad Fruit Cocktail Wheat Bread Cheesecake Pudding Milk | 11 Mac 'n Cheese Peas and Onions Carrots Blueberry Muffin Jello with Fruit Milk | 12 Garden Burger- Pot Roast w/Veggies Potatoes Green Beans Cornbread Hot Fruit Salad Chocolate Pudding Milk | 13 Veg. Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk | 3 |
| 16 Pinto Beans Fiesta Corn Carrots Penne Pasta Wheat Bread Mandarin Oranges Milk | 17 Boca Steak Spanish Rice Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk | 18 Mediterranean Black Beans & Orzo Carrot & Raisin Salad Kidney Bean Salad Tropical Fruit Cranberry Juice Milk | 19 Baked Italian Boca/Pasta Green Beans White Roll Applesauce (hot) Orange Juice Milk | 20 Garden Burger/Dressing w/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk | 4 |
| 23 Black-eyed Peas Mashed Potatoes Spinach White Bread Applesauce Vanilla Wafers Milk | 24 Vegetarian Western Egg Bake Bun Carrots Peas Cole Slaw Pineapple Milk | 25 *** Orzo & Black Bean Salad 3 Bean Salad Tomato/Feta Salad Orange Sections Strawberry Shortcake Milk | 26 Boca/Spinach LoMein Vegetable Blend Lima Beans Peaches Grape Juice Milk | 27 Garden Burger/Wild Rice Green Beans Corn Tropical Fruit Vanilla Pudding w/ Black Cherries Milk | 1 |
| 30 Hawaiian Garden Burger Vegetable Blend Peas Yellow Rice Wheat Bread Gingerbread Cookie Milk | 31 Mediterranean Black Beans & Orzo Mixed Vegetables Succotash Tropical Fruit Grape Juice Milk | 1 Hot Boca Taco Salad Carrots Collard Greens Cornbread Cheesecake Pudding Milk | 2 Baked Boca/Pasta Spinach Stewed Apples Blueberry Muffin Cranberry Juice Milk | 3 Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk | 2 |