

Vegetarian Meal Calendar

March, 2018

Mon	Tue	Wed	Thu	Fri	
			1 Baked Spaghetti Green Beans White Bread Applesauce(hot) Orange Juice Milk	2 Garden Burger/Dressing w/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk	4
5 Black Eye Peas & Mashed Potatoes Spinach White Bread Applesauce Milk	6 Western Vege Egg Bake Carrots Peas Cole Slaw Pineapple Milk	7 Mac 'n Cheese Broccoli Lima Beans Orange Slices Strawberry Shortcake Milk	8 Black Beans & Couscous Zucchini/Squash Cauliflower Wheat Roll Peaches Milk	9 Garden Burger w/Wild Rice Green Beans Corn Tropical Fruit Vanilla Pudding Milk	1
12 Hawaiian Garden Burger Vegetable Blend Green Beans Yellow Rice Wheat Bread Gingerbread Cookie Milk	13 Boca/Spinach LoMein Vegetable Blend Grape Juice Pasta w/peas &onions Tropical Fruit Milk	14 Vegetarian Bean Chili/Rice Green Peas Cauliflower Corn Muffin Cheesecake Pudding Milk	15 Baked Boca/Pasta Zucchini/Squash Spinach Stewed Apples Blueberry Muffin Cranberry Juice Milk	16 Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk	2
19 Boca Burger/Sage gravy Mixed Vegetables Scalloped Potatoes Cranberry Bread Pudding Orange Juice Milk	20 Black Bean Burger w/cheese on Bun Vegetable Blend Succotash Cheesecake Pudding Milk	21 Mac 'n Cheese Peas and Onions Carrots Blueberry Muffin Jello with Fruit Milk	22 Garden Burger- Pot Roast w/Veggies Potatoes Green Beans Cornbread Hot Fruit Salad Milk	23 Veg. Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3
26 Pinto Beans Fiesta Corn Carrots Beet/Orange Salad Wheat Bread Vanilla Wafers Milk	27 Boca Steak Rice and gravy Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk	28 Mediterranean Black Beans & Orzo Cauliflower Peas Tropical Fruit Cranberry Juice Milk	29 Baked Spaghetti Green Beans White Bread Applesauce(hot) Orange Juice Milk	30 No Meal Holiday	4

Meals on Wheels

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