

Vegetarian Meal Calendar September, 2017

Mon	Tue	Wed	Thu	Fri	
				1 Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk	
4 LABOR DAY HOLIDAY NO MEAL TODAY	5 Black Bean Burger w/cheese on Bun Vegetable Blend Succotash Cheesecake Pudding Milk	6 Mac 'n Cheese Peas and Onions Carrots Blueberry Muffin Jello with Fruit Milk	7 Garden Burger- w/Veggies Potatoes Green Beans Cornbread Hot Fruit Salad Milk	8 Veg. Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3
11 Pinto Beans Fiesta Corn Carrots Beet/Orange Salad Wheat Bread Vanilla Wafers Milk	12 Boca Steak Rice and gravy Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk	13 Mediterranean Black Beans & Orzo Cauliflower Peas Tropical Fruit Cranberry Juice Milk	14 Baked Spaghetti Green Beans White Bread Applesauce(hot) Orange Juice Milk	15 Garden Burger/Dressing w/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk	4
18 Black Eye Peas & Mashed Potatoes Spinach White Bread Applesauce Milk	19 Western Vege Egg Bake Carrots Peas Cole Slaw Pineapple Milk	20 Mac 'n Cheese Broccoli Lima Beans Orange Slices Strawberry Shortcake Milk	21 Black Beans & Couscous Zucchini/Squash Cauliflower Wheat Roll Peaches Milk	22 Garden Burger w/Wild Rice Green Beans Corn Tropical Fruit Vanilla Pudding Milk	1
25 Hawaiian Burger Vegetable Blend Green Beans Yellow Rice Wheat Bread Gingerbread Cookie Milk	26 Boca/Spinach LoMein Vegetable Blend Grape Juice Pasta w/peas &onions Tropical Fruit Milk	27 *cold meal* Orzo& Black Bean Salad Beet/Chickpea Orange sections White Bread Cheesecake pudding Milk	28 Frittata Creamy Grits Stewed Apples w/raisins Blueberry Muffin Cranberry Juice Milk	29 Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk	2