

## Vegetarian Meal Calendar August 2017

Mon	Tue	Wed	Thu	Fri	
<b>31</b> Hawaiian Burger Vegetable Blend Green Beans Yellow Rice Wheat Bread Gingerbread Cookie Milk	<b>2</b> Boca/Spinach LoMein Vegetable Blend Grape Juice Pasta w/peas &onions Tropical Fruit Milk	<b>3 *cold meal*</b> Orzo& Black Bean Salad Beet/Chickpea Orange sections White Bread Cheesecake pudding Milk	<b>4</b> Frittata Creamy Grits Stewed Apples w/raisins Blueberry Muffin Cranberry Juice Milk	<b>5</b> Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk	2
<b>7</b> Boca Burger/ gravy Mixed Vegetables Scalloped Potatoes Cranberry Bread Pudding Orange Juice Milk	<b>8</b> Black Bean Burger w/cheese on Bun Vegetable Blend Succotash Cheesecake Pudding Milk	<b>9</b> Mac 'n Cheese Peas and Onions Carrots Blueberry Muffin Jello with Fruit Milk	<b>10</b> Garden Burger- w/Veggies Potatoes Green Beans Cornbread Hot Fruit Salad Milk	<b>11</b> Veg. Lasagna Vegetable Blend Lima Beans Pears Cranberry Juice Milk	3
<b>14</b> Pinto Beans Fiesta Corn Carrots Beet/Orange Salad Wheat Bread Vanilla Wafers Milk	<b>15</b> Boca Steak Rice and gravy Broccoli & Cheese Succotash Fruit Cup Grape Juice Milk	<b>16</b> Mediterranean Black Beans & Orzo Cauliflower Peas Tropical Fruit Cranberry Juice Milk	<b>17</b> Baked Spaghetti Green Beans White Bread Applesauce(hot) Orange Juice Milk	<b>18</b> Garden Burger/Dressing w/gravy Mashed Potatoes Vegetable Blend Toss Salad Cranberry Sauce Milk	4
<b>21</b> Black Eye Peas & Mashed Potatoes Spinach White Bread Applesauce Milk	<b>22</b> Western Vege Egg Bake Carrots Peas Cole Slaw Pineapple Milk	<b>23</b> Mac 'n Cheese Broccoli Lima Beans Orange Slices Strawberry Shortcake Milk	<b>24</b> Black Beans & Couscous Zucchini/Squash Cauliflower Wheat Roll Peaches Milk	<b>25</b> Garden Burger w/Wild Rice Green Beans Corn Tropical Fruit Cookie Milk	1
<b>28</b> Hawaiian Burger Vegetable Blend Green Beans Yellow Rice Wheat Bread Gingerbread Cookie Milk	<b>29</b> Boca/Spinach LoMein Vegetable Blend Grape Juice Pasta w/peas &onions Tropical Fruit Milk	<b>30 *cold meal*</b> Orzo& Black Bean Salad Beet/Chickpea Orange sections White Bread Cheesecake pudding Milk	<b>31</b> Frittata Creamy Grits Stewed Apples w/raisins Blueberry Muffin Cranberry Juice Milk	<b>1</b> Garden Burger//Dressing w/gravy Green Beans Apple Juice Mashed Potatoes Cranberry Sauce Milk	2